

# WINDSOR LOCKS

## PARKS AND RECREATION

### Youth Services Bureau

### & Public Library



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#### UPCOMING EVENTS NEWSLETTER

2018 / 2019

#### FALL / WINTER SCHEDULE

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##### Funtime Adventure

**When:** Wednesdays starting September 12<sup>th</sup>  
**Time:** 9:15 – 10:15 am  
**Who:** Children 12 to 30 months old  
**Where:** Town Hall Gym  
**What:** Parent - Toddler Playgroup  
**Register:** In the Park Office or by mail  
**Cost:** \$27 per 8-week session

##### Playtime Adventure

**When:** Wednesdays starting September 12<sup>th</sup>  
**Time:** 10:30 am – 12:00 pm  
**Who:** Children 2 1/2 to 5 years old  
**Where:** Town Hall Gym  
**What:** Parent - Child Playgroup  
**Register:** In the Park Office or by mail  
**Cost:** \$32 per 8-week session

##### Jukido Jujitsu

**When:** Monday & Wednesdays starting Aug 20<sup>th</sup>  
Sessions run continuously all year.  
**Time:** 6:45 to 8:00 pm  
**Who:** Adults and Children from Age 6  
**Where:** Town Hall Gym  
**What:** Continuing program featuring realistic self-defense, self-discipline and doing one's best. Students work toward obtaining belt rank. No contract.  
**Notes:** Call Sensei Bob Bursiewicz at 860 836-5229 for information  
**Register:** In the Park Office, by mail or at the first class  
**Cost:** \$40 for 1 day per week for 8-week session  
\$75 for 2 days per week for 8-week session

##### Tumbling / Gymnastics

**When:** Saturday mornings starting October 6<sup>th</sup>  
**Who:** for children ages 3 to 10  
**Where:** Town Hall Gym  
**Register:** In the Park Office or by mail  
**Cost:** \$40 per 5-week session

##### Before and After School Club

**When:** Mon. thru Fri. starting Thursday, Aug. 30<sup>th</sup>  
**Time:** After school to 6:00 pm (2 hour minimum)  
**Who:** Children Grades Kindergarten to 5<sup>th</sup>  
**Where:** North and South Elementary Schools  
**What:** Do homework, play games, have a snack...  
**Register:** In the Park Office or by mail  
**Cost:** \$35/week for 2 hours / day  
\$45 (North) or \$50 (South) for 2+ hours / day  
\$20/week (North) for Before School Prgm  
**Notes:** Limited openings!

##### Travel Basketball

**When:** Tryouts will begin in late October  
**Who:** Boys Grades 5 – 8 and Girls Grades 5 – 8  
**Notes:** Call 627-1420 for further information

##### Recreational Basketball

**When:** Saturday mornings starting November 10<sup>th</sup>  
**Who:** Grades 2 thru 8 (Kindergarten and Grade 1 register at first session on December 1<sup>st</sup>)  
(PreK - children entering Kindergarten in Fall 2019 – register at first session on January 6<sup>th</sup>)  
**Register:** In the Park Office or by mail  
**Cost:** PreK thru Grade 1 – No Fee  
Grades 2 thru 8 - \$20 for the season  
**Notes:** Program for children *not* involved in Travel Basketball Program

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## Hotshot Basketball Contest

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**When:** Local contest will be held February 16<sup>th</sup>  
**Who:** Boys and Girls Ages 9 thru 15  
**Notes:** Call 627-1420 for further information

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## Special Olympics

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**What:** A fall and winter sport and physical activities program for children with special needs.  
**Sep-Nov:** A competitive bowling program with weekly practices and regional and state game competition.  
**Dec-Mar:** A competitive floor hockey program with weekly practices and regional and state game competitions.  
**Jan-Feb:** Bowling practice to improve bowling skills for athletes of all levels  
**For Info:** Cal. Mary-Jane Hussey at 860-916-9099

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## Halloween Fun Night

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**When:** Friday, October 26<sup>th</sup>  
**Time:** 6:00 to 8:00 pm  
**Who:** Boys and Girls up to Grade 5  
**Where:** South Elementary School  
**Register:** Call the Park Office at 627-1420 to register  
**Registration Deadline:** October 19<sup>th</sup>  
**Notes:** Decorate pumpkins, costume parade, and more!

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## Windsor Locks Athletic Hall of Fame

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Nomination forms are available in the Park Office or on-line at [www.windsorlocksct.org](http://www.windsorlocksct.org)  
This year's dinner – November 23, 2018  
Dinner to be held at St. Robert's Hall  
Next year's nomination deadline – March 1, 2019

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## Ski Club

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**Who:** WL Middle and High School Students  
**Where:** Ski Sundown  
**Cost:** To be announced  
**When:** January, once per week for 5 weeks  
**Notes:** Information will be made available in the Middle and High School in October OR Call the Park Office at 627-1420 for information at the beginning of October.

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## House Decorating Contest

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**When:** Judging to be held weekend of Dec. 15<sup>th</sup>  
Must register by Friday, December 7<sup>th</sup>  
**What:** Homes entered will be judged in three categories: Best Overall, Brightest and Most Spirited, and Most Traditional. Winners are awarded a gift certificate to a local eatery.

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## December Vacation Open Swim

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**When:** Wed. – Fri. December 26<sup>th</sup> – 28<sup>th</sup>  
**Time:** 1:00 - 4:00 pm  
**Where:** Windsor Locks High School Pool

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## Dec. Vacation Open Basketball

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**When:** Wed. - Fri. December 26<sup>th</sup> – 28<sup>th</sup>  
**Time:** 9:30 am - 4:00 pm  
**Where:** South Elementary School Gym  
**Who:** Grades Kindergarten thru 12

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## Fall Swimming Lessons

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**When:** Saturdays beginning November 3<sup>rd</sup>  
No lessons Thanksgiving weekend (11/24)  
**Time:** ½ hour classes from 9:00 am to 12:00 pm  
(Class time is based upon age)  
**Where:** Windsor Locks High School Pool  
**What:** Lessons to reinforce previously learned skills  
**Register:** In the Park Office or by mail  
**Cost:** \$18 for 6-week course

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## Indoor Soccer

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**When:** Sunday afternoons starting January 6<sup>th</sup>  
**Time:**  
PreK 12:15 pm  
Kindergarten 1:15 pm  
Grade 1 2:30 pm  
Grades 2 and 3 3:45 pm  
**Who:** Boys and Girls Grades Pre-K thru 3  
**Where:** South Elementary School  
**Register:** In the Park Office or by mail  
**Cost:** No fee

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## Family Swim at the High School

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**When:** Sunday afternoons starting November 4<sup>th</sup>  
(excluding school vacations and holidays)  
**Time:** 1:00 to 5:00 pm  
**Where:** Windsor Locks High School Pool  
**Cost:** No fee  
**Notes:** Children under 14 years of age will not be admitted without an adult.

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## Water Jets Swim Program

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**When:** Beginning in October (thru February)  
**Who:** Ages 6 to 16  
**Where:** Windsor Locks High School Pool  
**Cost:** Fee charged  
**For Info:** Email wlwjswim@yahoo.com

# Adult Programs

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## Core Moves

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**When:** Wednesday evenings  
Beginning September 19<sup>th</sup>  
**Time:** 5:00 to 6:00 pm  
**Where:** Town Hall Gym  
**What:** Core Moves is a non-impact workout that incorporates a seamless rhythmic blend of breathing, stretching and body sculpting techniques designed to burn fat, tone muscles, and improve balance and flexibility while strengthening the core. All ages and levels of fitness are welcome. A Yoga Mat is required.  
**Cost:** \$50 per 8-week session

Bring your own yoga mat.

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## Muscles in Motion

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**When:** Monday evenings  
Beginning September 17<sup>th</sup>  
**Time:** 5:00 to 6:00 pm  
**Where:** Town Hall Gym  
**What:** A combination of dynamic, NON-IMPACT moves combined with basic weight training exercises for the entire body. Reshape, strengthen & tone your body!  
**Cost:** \$50 per 8-week session

Bring your own 2lbs to 5lbs weights, if you have them.

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## Zumba

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**When:** Tuesday and Thursday evenings  
Beginning September 4<sup>th</sup>  
**Time:** 6:00 to 7:00 pm  
**Where:** Town Hall Gym  
**What:** Zumba® fuses hypnotic Latin rhythms and easy to follow moves to create a dynamic fitness program that will blow you away. For this one hour session, wear light, loose clothing and sneakers and bring plenty of water. No dance experience required!  
**Cost:** \$60 per 8-week session for 1 day / week  
\$100 per 8-week session for 2 days / week

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## Adult Lap Swim at the High School

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**When:** Monday, Tuesday and Thursday evenings starting September 10<sup>th</sup> (excluding school vacations and holidays) until end of May  
**Time:** 7:00 to 8:30 pm  
**Where:** Windsor Locks High School Pool  
**Cost:** Two day Resident pass: \$80 for season  
Three day Resident pass: \$120 for season

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## Adult Basketball

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**When:** Monday and Wednesday evenings beginning December 3<sup>rd</sup>  
**Time:** 6:45 to 9:00 pm  
**Where:** Windsor Locks Middle School Gym  
**Cost:** \$40  
**Notes:** Program is limited to Windsor Locks residents.

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# Park and Recreation Department

## General Program Registration Information

Registration deadline is two weeks prior to the beginning of the program, unless otherwise noted for a specific program. Advance registration is required for ALL programs.

Registration may be mailed to Park and Rec, 50 Church Street, Windsor Locks, CT 06096. Registration forms are available online at [www.windsorlocksct.org](http://www.windsorlocksct.org) or in the Park and Rec Office.

Registration may also be done at the Park and Rec Office:

Monday, Tuesday & Wednesday	8:30 am to 4:00 pm
Thursday	8:30 am to 6:00 pm
Friday	8:30 am to 1:00 pm

Programs will be cancelled if there is insufficient enrollment  
Dates, times, locations and prices are subject to change.  
Weather-related cancellations are announced on Channel 3, WFSB

**For questions or additional information email [parkandrec@wlocks.com](mailto:parkandrec@wlocks.com) or call 860-627-1420**

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### Other Important Information

[www.windsorlocksct.org](http://www.windsorlocksct.org)

<b>Park Office:</b>	860 627-1420	Dave Wrabel – Director Diane Ferrari – Assistant to the Director
<b>Park Chairman:</b>	860 623-7003	Bob Norris
<b>Little League:</b>		Mike Erickson, President <a href="mailto:windsorlockslittleleague@gmail.com">windsorlockslittleleague@gmail.com</a> <a href="http://www.eteamz.com/wlll">www.eteamz.com/wlll</a>
<b>Men's Softball:</b>	860 623-6127	Dennis Gragnolati
<b>Travel Soccer</b>		Jay Cutler, <a href="mailto:jcutler35@cox.net">jcutler35@cox.net</a> <a href="http://www.lockssoccer.com">www.lockssoccer.com</a>
<b>Youth Football:</b>		Jennifer Pelletier, President <a href="http://suffieldjets.com">suffieldjets.com</a>
<b>Youth Ice Hockey</b>		Enfield Hockey Association <a href="http://www.enfieldhockey.org">www.enfieldhockey.org</a>
<b>Water Jets:</b>		<a href="mailto:wljswim@yahoo.com">wljswim@yahoo.com</a>
<b>Youth Services:</b>	860 627-1482	Joseph Griskewicz
<b>Cancellation Info:</b>		WFSB – Channel 3

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#### Town Hall and Park & Rec Office Hours:

Monday - Wednesday	8:00 am to 4:00 pm
Thursday	8:00 am to 6:00 pm
Friday	8:00 am to 1:00 pm

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## **Windsor Locks Board of Education**

58 South Elm Street  
Windsor Locks, CT 06096

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**\*\*RETAIN THIS BROCHURE** Also available at [www.windsorlocksct.org](http://www.windsorlocksct.org)**\*\***  
**\*\* Program Information for Fall / Winter 2018 / 2019 \*\***